



HOPE
HEALING
PURPOSE
CONNECTION
SERVICE
FREEDOM
TOMORROW

VETERANS
ARE NEVER
ALONE
★

*"From
Darkness to Purpose"*



SERVE • HONOR • WALK TOGETHER

Spiritual Wellness Support

chaplain

noun | chap·lain | \ˈchap-lən\



- ♥ One who provides **spiritual care** for individuals in the community or in an organization.
- ♥ Someone with **unique skill sets**, connected to spiritual and **emotional support**.
- ♥ One who **meets people as they are** and whose reflection and guidance is needed and **appreciated**.
- ♥ A **comforting presence** in times of change, distress, sorrow and joy.
- ♥ A truly **great chaplain** is hard to find, difficult to part with, and **impossible to forget**.



People • Presence • Purpose • Hope



*More than a title...
a calling.*

*Whole
People.
Brighter
Tomorrows.*

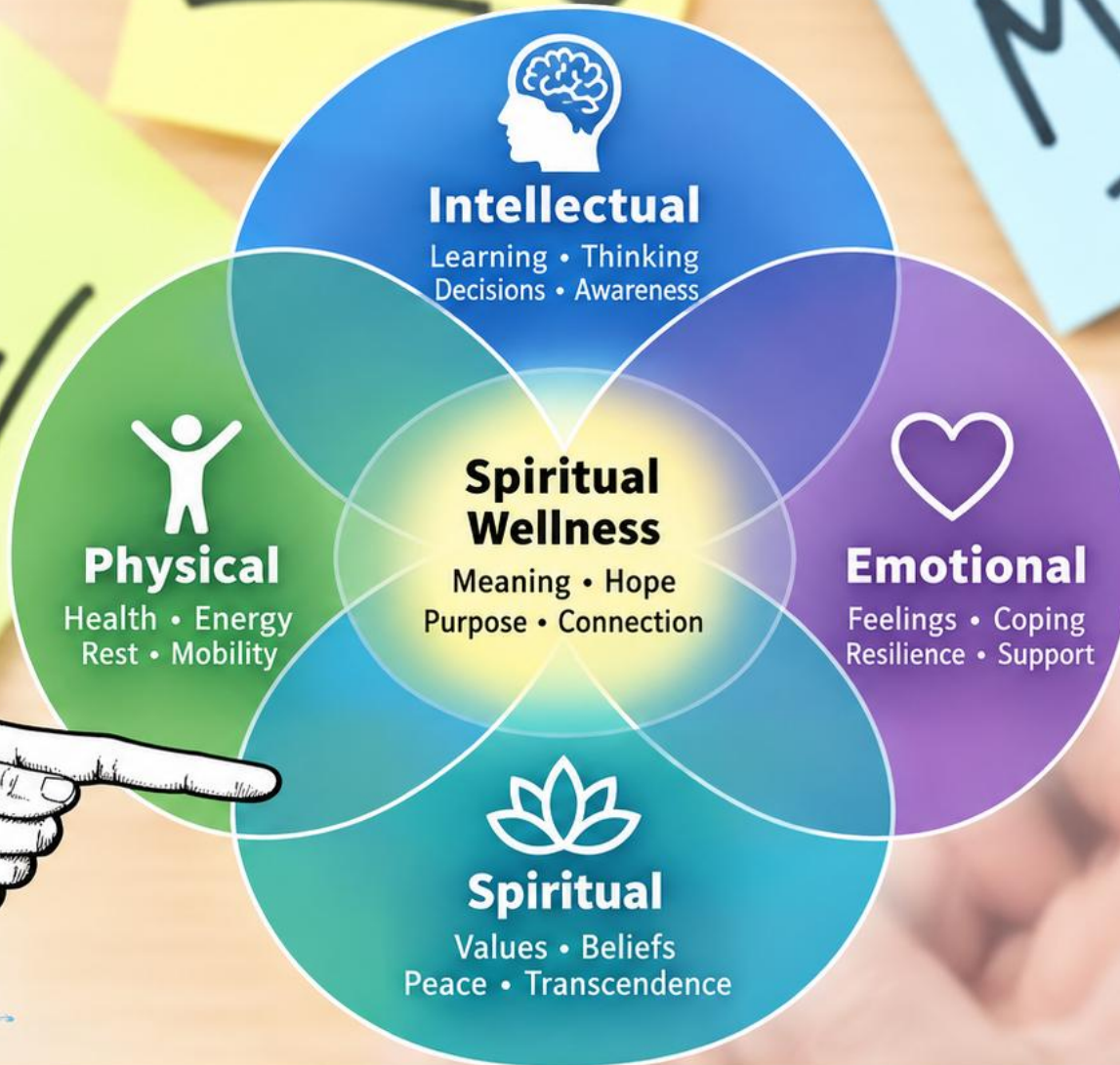
Body

Mind

Soul



*It All
Connects.*



CARE
LISTEN
RESPECT
SUPPORT
CONNECT

Spiritual vs. Religious

Different Paths. Shared Meaning.



Different paths. Shared values. Greater understanding.

What is Spiritual Care?



Listening. Supporting. Honoring. Walking Together.



Definition

What is it?



Personal Meaning

What does it mean to you?



Uniting & Respecting

What do we honor?



Who Does It?

Who provides it?

Spiritual care is care that **recognizes** and **responds** to the needs of the human spirit when faced with trauma, illness, suffering, or sadness. It can include the need for meaning, for self-worth, to express oneself, for faith support, perhaps for rites or prayer or sacrament, or simply for a sensitive listener. Spiritual care begins with encouraging human contact in a compassionate relationship, and moves in **whatever direction need requires.**

————— *People • Presence • Purpose • Compassion* —————

Spiritual Triage

A PATH TO WHOLE-PERSON CARE

Awareness • Compassion • Connection • Hope

*Not all wounds are visible.
Sometimes the most urgent care
is for the human spirit.*

What matters to you?
What gives you hope?
How are you coping?
What support do you need?
Is there anything I can do right now?



URGENT

In distress, needs immediate support and presence.



IMPORTANT

Needs attention, encouragement, and follow-up.



CAN WAIT

Stable, monitor and provide resources as needed.



NOT MINE (REFER)

Connect to others with the right expertise and resources.

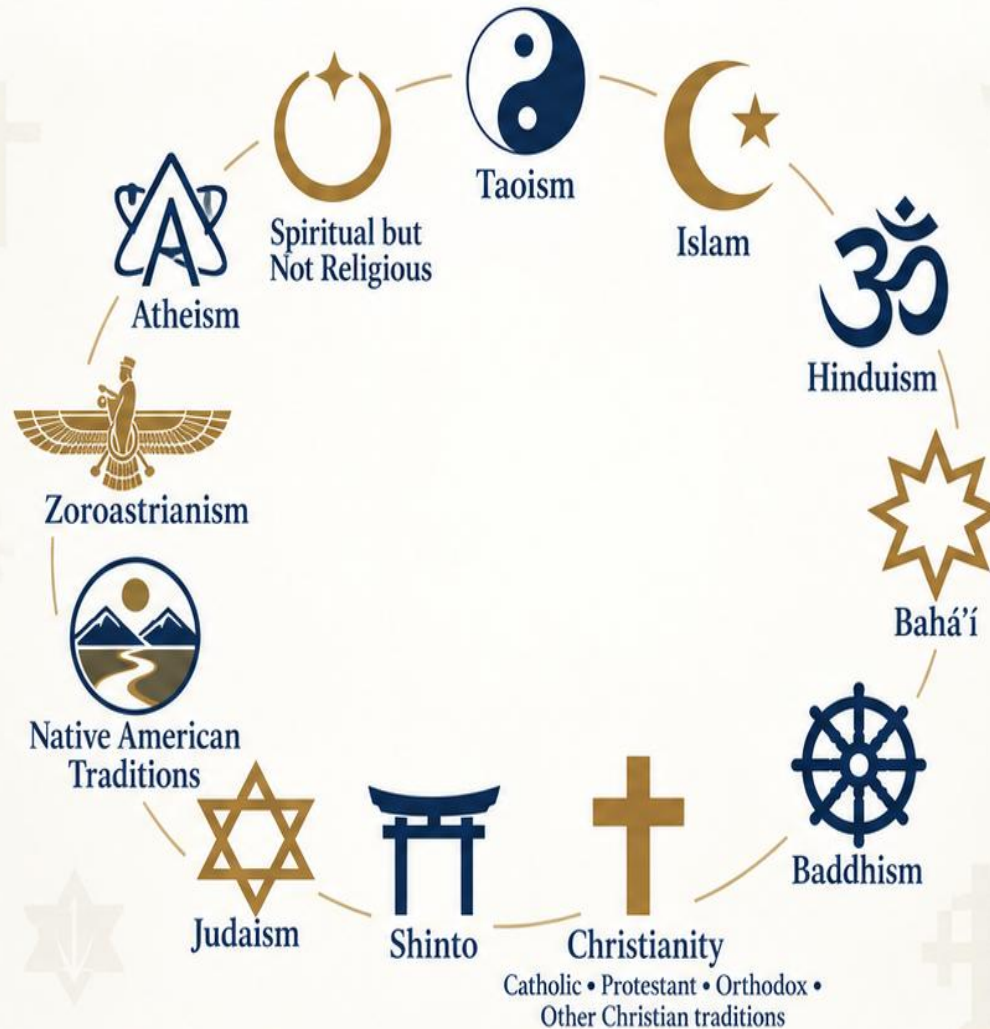
PEOPLE
MATTER.
STORIES
MATTER.
SPIRIT
MATTERS.

PAUSE
LISTEN
RESPECT
SUPPORT
WALK TOGETHER



Provide & Provide For

Serving the whole person with dignity, compassion, and respect



Meet each person where they are. Honor what gives them meaning, hope, and strength.



DAV | FULFILLING
OUR PROMISES
TO THE MEN AND WOMEN
WHO SERVED

ALL BACKGROUNDS
ALL BELIEFS
ALL BRANCHES
ALL GENERATIONS
ONE MISSION
VETERANS

DIFFERENT PATHS
SAME PURPOSE

FAITH
SERVICE
BROTHERHOOD

VETERAN

SHE
SERVED
SO OTHERS
CAN LIVE

MANY FAITHS
ONE FAMILY

VETERANS
SUPPORT
VETERANS

SERVICE DOG
VETERAN

MISSION ★ 22

22 VETERANS A DAY
ARE LOST TO SUICIDE.
THAT IS 22 TOO MANY.

WE CAN CHANGE THIS.
TOGETHER.



DISABLED AMERICAN VETERANS

CHAPLAIN REACHING OUT

LISTEN ★ CARE ★ WALK TOGETHER

IN SERVICE. IN HOPE. ALWAYS.

*No Veteran
Walks Alone*

HOPE

RESOURCES

COMMUNITY

HEALING

PURPOSE

FAITH

YOU ARE NOT ALONE

DIFFERENT
BACKGROUNDS
SAME BROTHERHOOD
ONE FAMILY



SEE

Notice the signs.
You matter.



LISTEN

Every story
matters.



REACH OUT

A conversation
can save a life.



CARE

With compassion
and without
judgment.



CONNECT

To people, resources,
faith, and community.



INTERVENE

Get help.
Support recovery.
Never give up.



FULFILLING OUR PROMISES
TO THE MEN AND WOMEN WHO SERVED

DIFFERENT BACKGROUNDS. SAME BROTHERHOOD. BRIGHTER TOMORROWS.

PEOPLE | PURPOSE | PREVENTION | TOGETHER

"Be present. Be a bridge. Be hope."

— DAV CHAPLAIN

HELP YOUR FELLOW VETERANS

SEE | LISTEN | SUPPORT | CONNECT



RECOGNIZE

Notice signs of struggle.
Ask. Be present.



LISTEN

Give space. Allow feelings.
No judgment.



CONNECT

Help them find support—
chaplains, peers, family,
and resources.

*You
Are Not
Alone*

*A stronger
tomorrow is possible.”
Let’s walk together.”*

SAME BATTLE. DIFFERENT STORIES.
ONE VETERAN FAMILY.



CHAPLAIN

SERVING • SUPPORTING • BRIDGING
VETERANS TO HOPE



LIFE HAPPENS

IT IMPACTS OUR SPIRIT,
MIND AND EMOTIONS

We all experience challenges.
It's part of being human.
What matters is how we
respond and who we
walk with.

You are not alone.

*Life's challenges
can shake our
spiritual foundation.*



LIFE EVENTS

- Loss • Trauma • Change
- Grief • Illness • Stress
- Transitions • Uncertainty

SPIRITUAL HEALTH

Meaning | Purpose | Values
Connection | Hope | Peace



To weaken spiritual health is to
diminish our connection to what
gives life meaning, purpose,
and value.

SPIRITUAL HEALTH CAN BE WEAKENED BY:

- Loss of meaning or purpose
- Neglecting spiritual practices
- Ignoring personal values
- Being consumed by negative emotions
- Focusing only on worldly things
- Disconnection from a spiritual community
- Unresolved emotional trauma

*When out of balance,
we may experience:*



STRESS

Overwhelmed
Irritable
Tired



ANXIETY

Worry
Fear
Restlessness



DEPRESSION

Sadness
Hopelessness
Isolation



CONNECT WITH A CHAPLAIN

Listen • Care • Walk Together
Bringing Hope. Restoring Balance.

*Connection
and support
help restore
balance.*

*Asking for help
is a sign of
strength,
not weakness.*

VETERANS LIFT VETERANS

DIFFERENT STORIES.
SAME BROTHERHOOD.
A STRONGER TOMORROW.



**TALK
WITH A COUNSELOR**
Process your thoughts.
Gain tools. Find clarity.



**CONNECT
WITH A CHAPLAIN**
Explore meaning.
Find hope. Pray or reflect.



**ENGAGE
WITH FELLOW VETERANS**
Share your story.
Build community.
You are not alone.



GET STRONGER
Asking for help
is a sign of strength,
not weakness.

*A
Stronger
Tomorrow
is Possible.*

*Let's walk
together.*



SUPPORT
HEALTHY CONVERSATIONS



PROCESS
LIFE'S CHALLENGES



**HEAL
TOGETHER**



THRIVE
WITH PURPOSE

BE AWARE

PEOPLE MEAN WELL...

However, be aware of **PROJECTING**, **IMPOSING** and **PROSLATISING** our personal belief system. **It goes both ways.**

If you have a strong faith, would you want someone who does not share the same belief system to impose, project, or proselytise when you are vulnerable or unable to speak for yourself?



**BE
AWARE**

**BE
AWARE**

EVERYONE HAS A RIGHT TO THEIR OWN BELIEFS

- Constitutional right to worship — and/or not to worship.
- Honor and respect the beliefs, values, and choices of each person.
- No one should be pressured, shamed, or persuaded when they are vulnerable.
- Respect the person — always.

“Love, Respect, Compassion and Understanding are the Master’s tools.”



LOVE



RESPECT



COMPASSION



UNDERSTANDING

DIFFERENT PATHS | SAME HUMANITY | STRONGER TOGETHER





**CONNECT
COMMUNICATE
NETWORK**
**Will Travel
Want to hear
YOUR STORY**